### **Biostatistics Lunch & Learn Series**

Statistical analysis:

What statistical methods are appropriate for my study design and data collected?

Southern California Clinical and Translational Science Institute:

Research Development and Team Science

Biostatistics, Epidemiology and Research Design (BERD)

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# Biostatistics, Epidemiology and Research Design (BERD)

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## Objectives

- Aug 24: Formulating a sound research question and study hypotheses: hypothesis testing
- Oct 19: Study designs and data collection strategies: scientific and logistical considerations in selecting the design to address your research question
- Dec 7: Sample size and study power: Why do I need so many subjects? What will my biostatistician need to know and how can I get that information?
- Today: Statistical analysis: What statistical methods are appropriate for my study design and data collected?



## Reminder: Defining the Research Question and Hypothesis Testing

- What are the components of a good research question?
- How do I translate my research question to a statistical question (and hypothesis) that I can test?
- What is statistical hypothesis testing? What does a p-value mean?
- How does the research question relate to study design? What alternative designs might be used to address my research question? (Today)



## PICOT Criteria to Develop the Research Question

#### • P Population

What specific population will you test the intervention in?

#### • I Intervention (or Exposure)

What is the intervention/exposure to be investigated? Intervention (clinical trial); Exposure (observational study)

#### • C Comparison Group

What is the main comparator to judge the effect of the intervention?

#### o O Outcome

What will you measure, improve, affect?

#### o **T Time**

Over what time period will outcome be assessed?



## Spectrum of Study Designs



From Center for Evidence-Based Medicine (CEBM), University of Oxford http://www.cebm.net/study-designs/



## Estimating sample size for your study

- What data do you need to estimate sample size?
- How do you get the data you need?
- o Implications for trial feasibility
- o Resources for sample size estimation



### Today's Objectives:

- Understand the different types of data and how we might descriptively summarize such data
- o Identify appropriate statistical methods to compare groups
- Identify appropriate statistical methods to evaluate associations among variables
- Understand survival time data and analysis methods including Kaplan-Meier lifetables and Cox regression
- Understand prediction models and associated concepts including ROC curves
- Understand screening concepts: sensitivity, specificity, etc.



#### Caveats

- This lecture will help you communicate with biostatisticians and others, as well as help you better interpret and critique research articles
- Know your limits and when to consult a biostatistician or other person with domain expertise.
- It is best to do so at the planning stage of your research! Is my research question appropriately specified? What is an appropriate and feasible study design to address the research question? Can I collect the appropriate data to test the research question? How should the data be analyzed and interpreted?



#### Statistical Analysis Plan

- Ties directly back to your research question, aims, hypotheses
- What are my dependent (outcome) variables? How are they measured?
   What type of variable are they? Am I measuring them just once (cross-sectional) or multiple times (longitudinal, repeated measures)?
- What are my independent variables (experimental interventions, control variables)? How are they measured? What types of variables are they?
- Given the above, what are appropriate methods of analysis?



- Categorical: falls into mutually exclusive categories
  - <u>Nominal categorical</u>: no natural order *e.g.,* ethnicity, eye color, blood type
  - <u>Ordinal categorical</u>: categories have a natural order, *e.g.*, socio-economic status, Likert scale data, educational level (elementary, high school, college)
  - <u>Dichotomous, binary</u>: only two categories e.g., dead/alive, hospitalized/released from ER, lung cancer/healthy



- Continuous: ordered numerical data that can theoretically take on any value
  - E.g., height, weight, age, cholesterol level
  - Interval data: The interval between units have equivalent meaning across the scale (i.e., difference of SBP 130 vs 120 is the same difference as SBP 160 vs 150.



- Discrete: countable, ordered numerical data that are whole numbers.
  - *E.g.*, # of students, # of strokes, # of hospital days, # of correct turns in a maze
  - Sometimes, discrete data can be analyzed as continuous. It is not always appropriate to analyze discrete data as continuous.



- Survival time data: Contains two components
  - If the subject/animal had the event (e.g., did they die?)
  - The last time the subject was observed
    - E.g., Subject died at age 82 Subject was alive at age 53 (last age observed on-study) Subject died 2.5 years after lung cancer diagnosis



- Remember when we ask a research question and conduct a study to address that research question, our objective is to make an inference about a <u>population</u>, based on information contained in a <u>sample</u>
- The way we sample from the population influences:
  1) The precision of our estimates (variability)
  2) Our estimates themselves (may be subject to bias or error)



## Sampling from where???





- Methods for data summarizations depend on the type of data
- Categorical data: usually summarized by frequency, percents

race	Freq.	Percent	
White	440	68.43	
Black	60	9.33	
Hispanic	90	14.00	
Asian	53	8.24	



o Categorical data: bar charts for counts or percents







- Continuous data: describe by measures of central tendency and spread
- Central tendency: mean, median, mode
- Spread: variance, standard deviation, range, interquartile range
- Percentiles of the distribution:
   25<sup>th</sup>, 50<sup>th</sup>, 75<sup>th</sup> percentiles



#### Summarizing Continuous Data: Central Tendency

- o The "middle" of the data
- o Median: 50<sup>th</sup> percentile
- Mode: the most common value

Mode can be used to describe both categorical and continuous data

o Mean: the "average"





#### Summarizing Continuous Data: Central Tendency





25<sup>th</sup> percentile ----- 75<sup>th</sup> percentile

#### Summarizing Continuous Data: Central Tendency





#### Summarizing Continuous Data: Spread

 Summarize continuous distributions by two characteristics: central tendency AND spread





### Summarizing Continuous Data: Spread

- Measures of spread
- o Range: the difference between the largest and smallest value in the data
- Interquartile range: The difference between the 75<sup>th</sup> and 25<sup>th</sup> percentile values
- <u>Variance</u>: the average squared deviation from the mean



• <u>Standard Deviation</u>: the square root of the variance



#### Summarizing Continuous Data: Spread

		Systolic 1	BP	
	Percentiles	Smallest		
18	94	87.33334		
5%	99.33334	87.66666		
10%	102	88.66666	Obs	643
25%	109	91.66666	Sum of Wgt.	643
50%	117.3333		Mean	117.8755
		Largest	Std. Dev.	12.35705
75%	125.6667	152.6667		
90%	134.6667	162.6667	Variance	152.6966
95%	139	164.6667	Skewness	.4168002
99%	150	165.3333	Kurtosis	3.327317



#### Summarizing Continuous Data: Stem and leaf

21.5 inches 21\* | 5 22\* | 5 23\* | 5 24\* | 005 25\* | 00005555 26\* | 0000005555 27\* | 000000000000000055558 28\* | 000000000000000000005555555 29\* | 000000000000000005555555 30\* | 000000000000000000055555557 31\* | 000000000000000000055555555 32\* | 0000000000000000000005555555 33\* | 0000000000000055555555 34\* | 0000000000000055555558 35\* | 000000000005558 36\* | 0000000000000555555555 37\* | 000000000005555555 38\* | 00000005555 39\* | 00000035555 40\* | 0000008 41\* | 00055  $42^* \mid 005$  $43^* \mid 00$  $44^* \mid 005$  $45^* \mid 00$ 46\* | Valid Value? 47\* | 48\* |  $49^* \mid 0$ 

- Waist circumference (inches)
- Symmetry, skewness
- Outliers (valid values?)
- Look at central tendency and spread



### Summarizing Continuous Data: Boxplots





- Sample means, proportions, etc. are estimates of the population parameter from which we have sampled
- Repeated samples from the same population will give different estimates of the population mean, proportion, etc.
- Confidence intervals provide an estimate of likely values of the true value of the population parameter, given your sample
- 95% confidence interval: 95% of confidence intervals from repeated samples from the population will contain the true value of the population parameter
- Note the corollary: 5% of repeated samples will NOT include the true value of the population parameter



- Point estimate: The sample estimate (sample mean, etc.)
- In general, 95% CI = point estimate ± 1.96 SE(estimate)
- 95% confidence interval on a sample mean:

 $\bar{x} \pm 1.96(SEM)$ 

where SEM (standard error of the mean) =  $SD/\sqrt{n}$ 

Larger samples (larger n) will have narrower confidence intervals (more precise estimate of population parameter).



- Example: In a sample of postmenopausal women, mean SBP=120, SD=10
- If n=1000, 95% CI = 120±1.96(10/31.6) = 120±0.62
   = (119.4, 120.62)
- Contrast this to a sample of n=20
   95% CI = 120±1.96(10/4.5) = 120±4.4
   = (115.6, 124.4)



o 95% confidence interval on a sample proportion (p):

 $\bar{p} \pm 1.96(SE(p))$ 

where SE(p) (standard error of the proportion) =

$$\sqrt{\frac{p(1-p)}{n}}$$

Again, larger samples (larger n) will have narrower confidence intervals (more precise estimate of population parameter).



#### Sample Distributions: Parametric vs Non-Parametric

- Not all distributions are normal, *i.e.*, bell-shaped
- Statistics fall into two broad categories
  - Parametric: assumes the data follow an underlying distribution
  - <u>Non-parametric</u>: also known as distribution-free statistics, do not assume an underlying distribution
- If your test statistic assumes a normal distribution, you cannot use it to analyze non-normally distributed data
- Fortunately, many parametric statistics are "robust" to deviation from the specified distribution



#### Testing Differences Among Groups

- To do our hypothesis testing, we need to decide on the appropriate statistical method (the test statistic to be used)
- The statistical method to be used depends on answers to the following:
   1) What type of data are you comparing between groups (continuous, categorical)?

2) If the outcome is a continuous variable, what is its distribution (**normal**, **not normal**)?

3) Are the data comparing **independent** groups (e.g., measures of cognition in persons with SBP<130 vs. persons with SBP>130) or are the data **paired/matched** in some way (e.g., measures of cognition in hypertensive persons, before and after a specific BP medication).



### Testing Differences Among Groups

- o Group comparisons by data type
- For categorical data, groups are compared with chi-square tests (testing if the proportions of subjects in categories differs between groups)
- For **continuous** data, groups are compared with parametric or nonparametric tests (depending on normality of data)
  - Parametric (normal outcome data): t-tests (2 groups), analysis of variance (>2 groups)
  - Non-parametric (non-normal): Wilcoxon rank sum



#### Testing Differences Among Groups

- Group comparisons for matched/repeated measures
- For **categorical** data, groups are compared with **chi-square tests** that incorporate the matching (McNemar's test for proportions)
- For **continuous** data, groups are compared with parametric or nonparametric tests, incorporating the matched data
  - Parametric (normal outcome data): paired t-tests (2 groups), repeated measures analysis of variance (>2 groups)
  - Non-parametric (non-normal): signed rank test


### Two independent group comparison: continuous data

 Normal (or fairly normal) outcome data: use independent sample (Student's) t-test

$$\frac{\bar{x}_1 - \bar{x}_2}{SE(\bar{x}_1 - \bar{x}_2)}$$

- H0: mean group 1 = mean group 2
- H1: mean group  $1 \neq$  mean group 2



# Two independent group comparison: continuous data

- Not normal outcome: Wilcoxon rank sum
- H0: median group 1 = median group 2
- H1: median group  $1 \neq$  median group 2
- Non-parametric tests are based on rankings of the data, rather than the values of the data. Ranks are invariant to skewness and other nonnormalities of the data
- Rank data overall (irrespective of groups), then compare ranks between groups



# Two independent group comparison: continuous data



Normal or not normal?





Normal (or fairly normal) outcome data: use paired t-test

 $\frac{\overline{d}}{SE(\overline{d})}$  where d are the differences in the outcome value within pairs or within-

subject (pre/post values)

- Paired designs remove between-subject variability. When possible, it is a far more powerful design, as within-subject (or within-pairs) is the only source of variability.
- H0: mean difference = 0; H1: mean difference  $\neq$  0



# Group comparisons: categorical data

- Example: Use of BP medications by race
- H0: The proportions of postmenopausal women using BP medications does not differ by race (we can also say "BP medications and race are not associated")
- H1: The proportions of postmenopausal women using BP medications does differ by race



### Group comparisons: categorical data

- Table: 20.4% of white, 33.3% of black, 24.4% of Hispanic, 18.9% of Asian women taking BP medications
- Chi-square = 5.70, p-value=0.127
- P>0.05, so do not reject H0. Conclude that use of BP meds does not differ by race in postmenopausal women

Taking BP								
medication	race							
3	White	Black	Hispanic	Asian	Total			
no	350	40	68	43	501			
	79.55	66.67	75.56	81.13	77.92			
yes	90	20	22	10	142			
	20.45	33.33	24.44	18.87	22.08			
Total	440	60	90	53	643			
	100.00	100.00	100.00	100.00	100.00			

Pearson chi2(3) = 5.7016 Pr = 0.127



### Survival Time Data

o Survival time data: Contains two components

1) If the subject had the event (did the subject die?)

2) The last time the subject was observed

E.g., Subject died at age 82 Subject was alive at age 53 (last age observed on-study) Subject died 2.5 years after lung cancer diagnosis



# Lifetables

- One method to analyze and graphically present survival data
- Can be used for a single sample, or group comparisons
- Compute and graph the probability of surviving to particular times over the study follow-up
- Example: Patient survival on a cancer clinical trial (n=48 patients)



### Lifetables

. use "h:/pm518a spring 2015/datasets/week9/cancer" (Patient Survival in Drug Trial)

. describe

Contains data from h:/pm518a spring 2015/datasets/week9/cancer.dta

obs:	48	Patient Survival in Drug Trial
vars:	4	16 Nov 1998 11:49
size:	384	

variable name	storage type	display format	value label	varrable label	
studytim	int	%8.0g	/	Months to death or end of exp.	
died	int	%8.0g		1 if patient died	
drug	int	%8.0g		Drug type (1=placebo)	
age	int	%8.0g		Patient's age at start of exp.	



### Lifetables: Compute Survival Over Follow-up





### Lifetables Single Group: Graph Survival Over Follow-up





### Lifetable Group Comparisons: Graph Survival Over Follow-up





### Lifetables: Test for Group Differences in Survival Curves

<	Log-rank t	test for equal	ity of survive	or functions
	drug2	Events observed	Events expected	
	Placebo Drug	19 12	7.25 23.75	
	Total	31	31.00	
		chi2(1) = Pr>chi2 =	28.27 0.0000	K
H0: Placebo su HA: Placebo su	' rvival cui rvival cu	rve = Drug s rve ≠ Drug s	survival curv survival curv	e P<<0.05 Reject H0



- Rather than evaluate group differences, we may want to just state how two or more variables are associated or correlated
- For continuous variables, the Pearson's correlation (r) is a simple measure of **linear** correlation
- Pearson's r assumes normal distribution of variables.
   Non-parametric (for non-normal data) version is Spearman's correlation
- For both Pearson and Spearman correlations, r ranges from -1 to 1, with 0 representing uncorrelated variables



	bmi	tg	lntg	hdl	age
bmi	1.0000				
tg	0.2735 0.0000	1.0000			
lntg	0.3149 0.0000	0.9517 0.0000	1.0000		
hdl	-0.3465 0.0000	-0.5543 0.0000	-0.6155 0.0000	1.0000	
age	-0.0011 0.9785	0.0611 0.1217	0.0839 0.0333	0.0133 0.7356	1.0000

Top number = correlation, bottom number = p-value H0: r = 0 (no correlation)



o Uncorrelated: age and BMI







Triglycerides



**О** sc ст si

Log(triglycerides)

o Positively correlated: Triglycerides (log transform) and BMI





Negatively correlated: HDL and BMI





# Coefficient of Determination (R<sup>2</sup>)

- o Square of correlation coefficient
- Proportion of variability in Y (e.g., HDL) that can be explained by its linear correlation with X (e.g., BMI)
- o r = -0.3465
- R<sup>2</sup> = 0.12 (12% of variation in HDL can be explained by its linear correlation with BMI)



- o Describes the LINEAR relationship between two variables.
- With Y a continuous variable:

Y = a + bX

- Y = "dependent variable"
- X = "independent variable"
- Estimate a = intercept (predicted value of Y when X = 0)



- Y = a + bX
- Estimate b = slope (linear association between X and Y; predicted change in Y per unit change in X)

H0: b(slope) = 0 (no linear association between X and Y)

Direction of b reflects the correlation (r)
 b < 0 indicates a negative association</li>
 b > 0 indicates a positive association



o In our BMI, HDL example

hdl	Coef.	Std. Err.	t	₽> t	[95% Conf.	Interval]
bmi	-1.127889	.1206135	-9.35	0.000	-1.364735	8910439
_cons	96.97584	3.354191	28.91		90.38931	103.5624

HDL = 96.98 - 1.13 BMI

Slope: HDL decreases by 1.13 (mg/dL) per unit (kg/m<sup>2</sup>) of BMI

P-value for H0: slope = 0 is < 0.001

Intercept? HDL = 96.98 for persons with BMI=0 !!!!





• To make some better sense of the intercept

Variable	Obs	Mean	Std. Dev.	Min	Max
bmi	643	27.28016	5.403823	15.02049	57.61193
bmicent	643	-1.04e-07	5.403823	-12.25967	30.33177

BMICENT = BMI - mean(BMI)

BMICENT = 0 when person is at the mean level of BMI (when BMI = 27.28)



• To make some better sense of the intercept

hdl	Coef.	Std. Err.	t	₽> t	[95% Conf.	Interval]
bmicent	-1.127889	.1206135	-9.35	0.000	-1.364735	8910439
_cons	66.20684	.6512672	101.66		64.92797	67.48572

BMICENT = BMI - mean(BMI)

HDL = 66.21 – 1.13 BMI

HDL decreases by 1.13 (mg/dL) per unit (kg/m<sup>2</sup>) of BMI

P-value for H0: slope = 0 is < 0.001



Intercept: HDL = 66.21 for persons with BMICENT = 0 (i.e., when BMI = 27.28)



# Multiple Linear Regression

- Linear association model with a continuous outcome (dependent) variable, multiple independent variables
- o  $Y = a + b_1 X_1 + b_2 X_2 + \dots$
- Coefficient of determination (R<sup>2</sup>) is the proportion of variation in Y that can be explained by all of the X independent variables



### Multiple Linear Regression

#### • HDL example

hdl	Coef.	Std. Err.	t	₽> t	Number of obs = 643
					F( 3, 639) = 147.03
bmicent	5456171	.1044053	-5.23	0.000	Prob > F = 0.0000
age	.1550224	.0778595	1.99	0.047	
lntg	-22.88279	1.29704	-17.64	0.000	R-squared = 0.4084
_cons	161.3985	7.260428	22.23	0.000	

HDL = 161.40 - 0.546(bmicent) + 0.155(age) = 22.88(Intg)

H0: bmicent slope = 0, p <0.001 H0: age slope = 0, p = 0.047 H0: Intg slope=0, p <0.001  $R^2 = 0.4084$  (40.84% of variance in HDL is explained by its linear relationships with BMI, age and triglycerides)

### Other Regression Models

- There are many types of such regression models. The type of regression model used depends on what type of data the **outcome (dependent)** variable is. You must select the correct regression approach to match your dependent variable!
- Continuous outcome: linear regression do independent (X) variables relate to the levels of Y? (e.g., levels of HDL cholesterol)
- Dichotomous outcome: logistic regression do independent (X) variables relate to the probability that Y=1 (vs Y=0)? (e.g., that a mouse survived versus died within 30 days after experimental exposure)



### Other Regression Models

- Ordinal outcome: ordinal logistic regression do independent (X) variables relate to the probability that Y = higher compared to lower level? (e.g., animal behavior is frozen, moving but unorganized, moving and organized)
- Nominal outcome: multinomial logistic regression do independent (X) variables relate to the probability that Y = category 1 (vs category 2, 3, etc.)? (e.g., subject healthy, MI, stroke)



### Other Regression Models

- Count outcome: Poisson or negative binomial regression do independent (X) variables relate to the count Y (e.g., # of hospital days, # of incorrect turns in a maze)
- Survival outcome: Cox (proportional hazards) or other "survival" regression

   do independent (X) variables relate to the event rate? (e.g., rate of
   incident dementia among an initially cognitively healthy population)



# Uses of Regression Models: Association vs. Prediction

- The two primary uses of regression models are in association and prediction
- Association: Research question and hypotheses relate to the association between the dependent (outcome) variable and specific independent variable(s)
- Objective: Do a good job at estimating the magnitude of the association (e.g., the slope) and making inferences about that association
- Does BMI relate to the levels of HDL cholesterol? What is the direction and magnitude of the association?



# Uses of Regression Models: Association

- Use multivariable regression models to adjust for other independent variables that might:
  - **Explain** the association

When I adjust for age, is the association of BMI with HDL still statistically significant?

- Confound (bias) the association of interest
   When I adjust for age, does the slope estimate for BMI with HDL change?
- Modify the association of interest Is the association (slope) estimate for BMI with HDL different in persons <60 vs 60 and older?



- In contrast to association models, prediction models are not concerned with estimating specific associations
- Objective of prediction models: find the set of independent variables (X) that do the best job of predicting the dependent (outcome) variable
- Uses: Clinical decisions, who will benefit from a treatment, identifying high risk patients, diagnostics



- Prediction models heavily rely on multivariable (many) independent variables, as a single independent variable is usually not a good predictor of an outcome variable
- Along with the prediction model, one must assess the adequacy of prediction: compare the "predicted" outcome (from your model) to the actual value of the outcome for each subject. How well does the model do?



- Prediction models are usually over-optimistic. The prediction model was specifically developed to match the observed outcome variable as closely as possible IN YOUR SAMPLE.
- However, when applied to an independent dataset, the prediction model does not do as well. It is essential that predictive models be evaluated and validated in independent samples. (internal validity)

How well does your model do in predicting outcomes in a new sample of subjects from the same population?



 Also, be careful about applying a prediction models to populations that were not part of the model development sample. (external validity)

If you developed a great predictive model for fracture risk in postmenopausal women, do not expect it to be applicable to premenopausal women.

We apply the Framingham 10-year coronary risk model to everybody!


• Classification of patients (generally into two categories) based on:

1) **Predictive model** (e.g., multivariable predictive model for probability of mortality (mortality risk) in burn patients)

2) Value of a laboratory variable/biomarker (e.g., for diagnosis, to identify persons at high risk for diabetes, burn patients at high risk for mortality)



- For a continuous variable Y (e.g., predicted probability of death, HbA1c), we can calculate patient classification characteristics at different cutpoints (c)
- Sensitivity = true positive rate = P(Y>c | D)
  Proportion of diseased (or whatever the outcome to be predicted) that have a value of Y greater than the cutpoint
- Specificity = true negative rate = P(Y<c | no D)</li>
  Proportion of non-diseased (persons without the outcome to be predicted)
  that have a value of Y less than the cutpoint



False positive rate = 1 – specificity = P(Y>c | no D)
 Proportion of non-diseased that have a value of Y greater than the cutpoint



- For a continuous laboratory variable (or a model-predicted probability of disease), we can compute the sensitivity and specificity for many levels of cutpoints over the range of the variable
- A receiver operating characteristic (ROC) curve, is a graphical representation of this, plotting sensitivity (true positive rate) versus 1 – specificity (false positive rate) over values of c (possible cutpoints)
- The area under the ROC curve (AUC) is a measure of how well the variable is classifying (dead vs alive, diabetes vs not, etc.)
  AUC = 1 Perfect classification
  AUC = 0.5 No better than chance



Note a tradeoff between sensitivity and specificity. As one increases, the other will decrease





Example above: Using percent burn area to classify die/survive





Example above: Using BMI to classify high LDL (>130, <=130)



# Summary and caveats

- This is obviously a very broad overview of an array of analytic methods that may or may not be appropriate to your data.
- Think about your data:
  - What type of data do I have (continuous, ordinal, dichotomous, normal, non-normal)?
  - What are my hypotheses (group comparisons? Correlations? Associations? Predictions?)
  - What possible analytic approaches might be appropriate to my data, to test my hypotheses?



# Summary and caveats

- We have NOT covered analytic methods for correlated outcome data, for example arising from:
  - Longitudinal data: repeatedly measured in the same subject/animal over time
  - Correlated units (families, classrooms, etc.)

There are regression techniques for such correlated data, similar to those that we have summarized above, with regression techniques specific to the type of dependent variable (continuous, dichotomous, etc.).

Be aware of the possible correlations in your outcome data in developoing your analytic plan and in talking with your statistician.



#### CTSI Biostatistics (BERD): a resource for you at USC

- Biostatisticians to help you with study design, sample size estimation, data management plan, statistical analyses, and summarizations of your methods and results
- o Recharge center
- To request a consult:

http://sc-ctsi.org/index.php/newresources/get\_expert\_advice

